

Ming

of The Avenue

Cantonese & Peking Cuisine



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Welcome to Ming

Start with the famous hospitality of the Chinese. Mix in the delightful decor and add the unexpected panache of our Ming inspired menu. It's the perfect combination for a joyous gastronomic treat.

Although we concentrate mainly on the more elaborate dishes of Peking, we do, however, include a very selective menu of Cantonese dishes, cuisine from Szechuan provinces and seafood in our speciality.

We will be most happy to assist you in the selection of dishes to suit your individual requirements. For those patrons who have not been initiated into the delights of Chinese cuisine we have suggested set menus, for those who know and love Chinese cooking, we are confident that you will be enchanted by what Ming has to offer.

We believe with our excellent food, delightful decor and first class service, you will have something to tell your friends.

Any dissatisfaction on food or service, please do not hesitate to contact the management.

ALLERGY ADVICE

Most of our dishes contain **GARLIC, SOYA, GLUTEN, COOKING WINE & SESAME OIL**. Some of our dishes may contain these 14 allergens as follows:



If you have any allergies to these products please inform us before ordering. We will do our best to advise you.



蒸點心

D1	叉燒包	Char Siu Bun (3)	£5.60
D2	雞包	Chicken Bun (3)	£5.60
D3	奶皇包	Creamy Custard Buns (3)	£5.60
D4	蝦餃	Har Gow (Steamed King Prawn Dumplings) (4)	£5.80
D5	燒賣	Siu Mai (Steamed Pork & Prawn Dumplings) (4)	£5.80
D6	鮮蝦韭菜餃	Chives Dumplings (Prawn & Chives Dumplings) (3)	£5.80



頭盤

1.	熱拼盤	Mix Hor D'oeuvres (For 2)	£16.00
		<i>(Satay Chicken, Crispy Seaweed, Ribs, Mini Vegetable Spring Rolls & Prawn on Toast)</i>	
2.	海鮮拼盤	Seafood Mixed Hor D'oeuvres (For 2)	£18.00
		<i>(Satay King Prawns, Prawn Cutlets, Prawn on Toast, Salt & Pepper Squid & Crispy Seaweed)</i>	
3.	齋拼盤	Veggie Mixed Hor D'oeuvres (For 2)	£15.00
		<i>(Mini Vegetarian Spring Rolls, Salt & Pepper Mushroom, Crispy Seaweed, Satay Tofu & Vegetarian Dumplings)</i>	
4.	串雞	Satay Skewers (A) Chicken	£8.00
	串牛/串蝦	(B) Beef (C) King Prawn	£9.00
5.	齋卷	Mini Vegetarian Spring Rolls (4) (Homemade)	£5.50
6.	雞卷	Crispy Chicken Spring Rolls (4) (Homemade)	£6.00
7.	鴨卷	Crispy Duck Rolls (4) (Homemade)	£6.50
8.	熏雞絲	Smoked Spicy Shredded Chicken	£8.50
9.	京都骨	Capital Ribs cooked in a Rich Fruity Sauce	£8.50
10.	炸乾骨	Dry Spare Ribs	£8.50
11.	蜜汁骨	Honey Spare Ribs	£8.50
12.	燒骨	Spare Ribs in BBQ Sauce	£8.50
13.	海草	Crispy Seaweed	£6.50
14.	吉列蝦	Prawn Cutlets (6)	£8.50
15.	芝麻蝦	Sesame Prawn on Toast	£7.50
16.	木須肉	Mushu Pork	£8.50
17.	鍋貼	Peking Dumplings (A) Pork	£7.50
		(B) Vegetarian	£7.00
18.	炸雲吞	Crispy Won Tons (8) (Contains Prawn & Chicken)	£7.50
19.	炸生蠔	Deep Fried Oyster (5)	£8.50
20.	豉汁青口	Fresh Mussels in Black Bean Sauce	£9.50



香酥鴨/羊 Duck & Lamb

21.	香酥鴨	Crispy Aromatic Duck Quarter	£13.50 Half £23.50
		<i>(Served with Pancakes, Spring Onions, Cucumber & Hoi Sin Sauce)</i>	
22.	炸羊	Crispy Lamb (with Lettuce & Hoi Sin Sauce)	£13.50
23.	香酥齋鴨	Crispy Vegetarian Duck	£12.50
		<i>(Served with Pancakes, Spring Onions, Cucumber & Hoi Sin Sauce)</i>	



椒鹽類	Salt & Pepper
24. 椒鹽巨型大蝦	Salt & Pepper Jumbo King Prawns (2) 椒.....£9.00
25. 椒鹽鮮魷	Salt & Pepper Squid 魷.....£8.50
26. 椒鹽蘑菇	Salt & Pepper Mushroom 菇.....£8.00
27. 椒鹽大蝦	Salt & Pepper King Prawns 蝦.....£8.50
28. 椒鹽雞翼	Salt & Pepper Chicken Wings 翼.....£8.00
29. 椒鹽雞粒	Salt & Pepper Diced Chicken 粒.....£8.50
30. 椒鹽排骨	Salt & Pepper Spare Ribs 骨.....£8.50
31. 椒鹽軟殼蟹	Salt & Pepper Soft Shell Crab 蟹.....£8.50
32. 椒鹽豆腐	Salt & Pepper Tofu 腐.....£8.00
33. 椒鹽薯仔	Salt & Pepper Chips 薯.....£6.00



湯類	Soup
34. 蟹米湯	Crab Meat & Sweet Corn Soup£6.00
35. 雞米湯	Chicken & Sweet Corn Soup£5.50
36. 蘑菇雞湯	Chicken & Mushroom Soup£5.50
37. 京湯	Szechuan Hot & Sour Soup 椒.....£5.50
38. 雲吞湯	Won Ton Soup (Contains Prawn & Chicken)£6.00
39. 雜菜湯	Mixed Vegetables Soup 菜.....£5.50



廚師推介	Chef's Recommendation
C1 薑蔥龍蝦	Lobster with Ginger & Spring Onion <i>Seasonal Price</i> <i>(提前24小時預訂)</i> Book 24 hours in advance
C2 薑蔥蟹	Crab with Ginger & Spring Onion <i>Seasonal Price</i> <i>(提前24小時預訂)</i> Book 24 hours in advance



C3 椒鹽豬排	Salt & Pepper Pork Chop£10.50
C4 辣子雞丁	Diced Chicken in Chilli (With Chilli & Peanuts) ...£9.50
C5 孜然羊肉	Cumin Lamb.....£12.00 <i>(With Onion, Pepper, Coriander & Cumin Powder)</i>
C6 鐵板黑椒牛柳	Sizzling Steak with Black Pepper Sauce £14.90
C7 鐵板薑蔥海鮮	Sizzling Mixed Seafood with Ginger & Spring Onion.....£14.90



鐵板類	Sizzle Dishes
40. 鐵板蝦	Sizzle Prawn£11.50
41. 鐵板雞	Sizzle Chicken£10.50
42. 鐵板薑蔥羊	Sliced Lamb with Spring Onions & Ginger £11.90
43. 鐵板豉椒牛	Sliced Beef with Black Bean Sauce£11.50
44. 鐵板豉椒蝦	Sliced King Prawns with Black Bean Sauce .£11.50
45. 鐵板薑蔥三鮮	Seafood with Spring Onion & Ginger...£14.90
46. 鐵板黑椒牛柳	Steak with Black Pepper Sauce£14.90
47. 鐵板中式牛柳	Steak Chinese Style£14.90

港式咕嚕 Sweet & Sour Dishes

(Lightly Coated in Batter Stir Fried with Green Peppers, Onions, Pineapple & Carrots in Sweet & Sour Sauce)

48. 咕嚕雞	Chicken.....£9.50
49. 咕嚕肉	Pork.....£9.50
50. 咕嚕蝦	King Prawns£9.90
51. 咕嚕魚	Fish£9.90
52. 咕嚕豆腐	Tofu.....£9.00

咕嚕球 Sweet & Sour Balls in Batter

53. 咕嚕球	Chicken.....£8.50
54. 咕嚕球	King Prawn.....£9.50

海鮮類 Seafood

55. 清蒸鱸魚	Steamed Seabass..... <i>Seasonal Price</i>
56. 清蒸帶子	Steamed Scallop..... <i>Seasonal Price</i>
57. 番茄蝦	Chow Har Lok.....£9.90
58. 豉椒大蝦	Prawns with Black Bean Sauce 椒.....£9.90
59. 四川大蝦	Szechuan Style King Prawns 椒.....£9.90
60. 蒙古大蝦	Mongolian King Prawns 椒.....£9.90 <i>(Contains Butter & Milk)</i>
61. 公保大蝦	Kung Po King Prawns 椒.....£9.90
62. 薑蔥大蝦	King Prawn with Ginger & Spring Onion..£9.90
63. 蒜蓉大蝦	King Prawn with Garlic Sauce£9.90
64. 薑蔥鮮魷	Quick Fried Squid with Ginger & Spring Onion.....£9.90
65. 豉椒鮮魷	Squid with Green Pepper in Black Bean Sauce 椒.....£9.90
66. 五柳魚	Five Willow Fish£11.50

雞/鴨類 Chicken & Duck

67. 醬腰雞	Chicken with Cashewnuts in Yellow Bean Sauce 腰.....£9.50
68. 腰果雞	Diced Chicken with Cashewnuts 果.....£9.50
69. 菠蘿雞	Chicken with Pineapple.....£9.50
70. 公保脆雞	Kung Po Crispy Chicken 保.....£9.50
71. 豉椒雞	Chicken with Black Bean Sauce 椒.....£9.50
72. 沙嗲雞	Chicken Stir Fried in Satay Sauce 嗲.....£9.50
73. 四川雞	Szechuan Style Chicken 川.....£9.50
74. 蘑菇雞	Chicken with Mushrooms.....£9.50
75. 蠔油雞	Chicken in Oyster Sauce£9.50
76. 檸檬雞	Lemon Chicken Fillets.....£9.50
77. 梅子鴨	Roast Duck in Plum Sauce£9.90 <i>(On a Bed of Pineapple)</i>
78. 薑蔥鴨	Duck with Ginger & Spring Onion.....£9.90
79. 豉椒鴨	Duck with Black Bean Sauce 椒.....£9.90
80. 中式鴨	Roast Duck Cantonese£9.90
81. 子羅鴨	Ginger & Pineapple Duck.....£9.90





牛/豬/羊類 **Beef, Pork & Lamb**

- 82. 乾牛絲 Crispy Beef with Chilli (Peking) 🌶️£10.50
- 83. 豉椒牛 Sliced Beef with Black Bean Sauce 🌶️£9.90
- 84. 蘑菇牛 Sliced Beef with Mushrooms£9.90
- 85. 蠔油牛 Sliced Beef with Oyster Sauce£9.90
- 86. 薑蔥牛 Sliced Beef with Ginger & Onion£9.90
- 87. 番茄牛 Sliced Beef with Tomato£9.90
- 88. 薑蔥叉燒 Roast Pork with Ginger & Spring Onion...£9.50
- 89. 回鍋肉 Double Cooked Pork with Chilli Sauce 🌶️...£9.50
- 90. 蜜汁叉燒 Honey Roast Pork.....£9.50
- 91. 豉椒羊 Lamb with Black Bean Sauce 🌶️.....£11.50
- 92. 孜然羊肉 Cumin Lamb.....£12.00
(With Onion, Pepper, Coriander & Cumin Powder)



咖喱類 **Curry Dishes**

- 93. 咖喱雞 Chicken Curry£9.50
- 94. 咖喱牛 Beef Curry£9.90
- 95. 咖喱羊 Lamb Curry£11.90
- 96. 咖喱大蝦 King Prawn Curry.....£9.90
- 97. 咖喱蘑菇 Mushroom Curry 🌱.....£8.00
- 98. 咖喱雜菜 Mixed Vegetables Curry 🌱.....£8.00
- 99. 招牌咖喱 Special Curry (Chicken, King Prawns & Roast Pork).....£10.90



齋菜類 **Vegetables** 🌱

- 100. 蒜蓉白菜 Pak Choi in Garlic Sauce£7.80
- 101. 蒜蓉雜菜 Stir Fried Mixed Vegetables in Garlic Sauce.....£7.80
- 102. 蠔油雜菜 Mixed Vegetables in Oyster Sauce£7.80
- 103. 炒雙冬 Stir Fried Chinese Mushrooms & Bamboo Shoots with Oyster Sauce£7.80
- 104. 炒芽菜 Fried Bean Shoots£7.50
- 105. 蒜蓉西蘭花 Broccoli with Garlic Sauce£7.80
- 106. 公保豆腐 Kung Po Tofu 🌶️£7.80
- 107. 豉椒豆腐 Tofu with Green Pepper in Black Bean Sauce 🌶️.....£7.80
- 108. 四川豆腐 Szechuan Style Tofu 🌶️£7.80
- 109. 麻婆豆腐 Ma-po Tofu 🌶️.....£7.80
- 110. 齋魚香茄子 Sea Spice Aubergine in Spice Sauce 🌶️...£8.00



Peking? Cantonese?

We offer you the opportunity to judge the merits of both and expect that your verdict will change on each visit.

炒飯類

- 111. 白飯 Plain Boiled Rice 🌱.....£5.00
- 112. 蛋炒飯 Egg Fried Rice£6.00
- 113. 雞絲炒飯 Chicken Fried Rice.....£7.30
- 114. 叉燒炒飯 Roast Pork Fried Rice£7.30
- 115. 牛肉炒飯 Beef Fried Rice£7.50
- 116. 鴨肉炒飯 Roast Duck Fried Rice£7.50
- 117. 大蝦炒飯 King Prawn Fried Rice.....£8.50
- 118. 雜菜炒飯 Mixed Vegetable Fried Rice 🌱.....£7.00
- 119. 蘑菇炒飯 Mushroom Chow Mein 🌱.....£7.00
- 120. 揚州炒飯 Special Fried Rice (Pork, Chicken & Shrimps)£7.50
- 121. 星州炒飯 Singapore Fried Rice 🌶️.....£8.00
(Roast Pork, Chicken, Shrimps & Curry Powder)



炒麵類

- 122. 淨炒麵 Plain Chow Mein with Bean Shoots 🌱£6.80
- 123. 雞絲炒麵 Chicken Chow Mein£8.50
- 124. 叉燒炒麵 Roast Pork Chow Mein£8.50
- 125. 牛肉炒麵 Beef Chow Mein£8.80
- 126. 鴨肉炒麵 Roast Duck Chow Mein£9.00
- 127. 大蝦炒麵 King Prawn Chow Mein.....£9.50
- 128. 雜菜炒麵 Mixed Vegetable Chow Mein 🌱.....£8.00
- 129. 蘑菇炒麵 Mushroom Chow Mein 🌱.....£8.00
- 130. 雜燴炒麵 Special Chow Mein (Dry)£9.50
(Chicken, Roast Pork & King Prawns)



- 131. 星州炒米 Singapore Rice Vermicelli Noodles 🌶️£9.00
(Roast Pork, Chicken, Shrimps & Curry Powder)
- 132. 招牌麵 House Special Chow Mein (With Sauce)£10.90
(Chicken, Roast Pork & King Prawns)
- 133. 乾炒牛河 Dry Beef Ho Fun.....£10.50
- 134. 豉汁牛河 Ho Fun with Beef in Black Bean Sauce..£10.90
- 135. 乾炒大蝦河 Dry King Prawn Ho Fun£10.50
- 136. 豉汁三鮮河 Ho Fun with Seafood in Black Bean Sauce £13.50
- 137. 泰式大蝦炒河 Pad Thai King Prawns 🌶️£10.50
(Stir Fried with Flat Rice Noodles)
- 138. 泰式雞炒河 Pad Thai Chicken 🌶️.....£10.50
(Stir Fried with Flat Rice Noodles)
- 139. 泰式齋炒河 Vegetarian Pad Thai 🌶️£9.90
(Stir Fried with Flat Rice Noodles)



其他

- 140. 薯條 Chips£5.00
- 141. 咖喱汁 Curry Sauce.....£3.00
- 142. 咕嚕汁 Sweet & Sour Sauce£3.00
- 143. 燒汁 BBQ Sauce.....£3.00
- 144. 海鮮汁 Hoi Sin Sauce.....£3.00
- 145. 辣椒油 Chilli Oil 🌶️.....£2.50
- 146. 甜辣醬 Sweet Chilli Sauce£2.50



Rice Dishes

- Plain Boiled Rice 🌱.....£5.00
- Egg Fried Rice£6.00
- Chicken Fried Rice.....£7.30
- Roast Pork Fried Rice£7.30
- Beef Fried Rice£7.50
- Roast Duck Fried Rice£7.50
- King Prawn Fried Rice.....£8.50
- Mixed Vegetable Fried Rice 🌱.....£7.00
- Mushroom Chow Mein 🌱.....£7.00
- Special Fried Rice (Pork, Chicken & Shrimps)£7.50
- Singapore Fried Rice 🌶️.....£8.00
(Roast Pork, Chicken, Shrimps & Curry Powder)

Chow Mein Dishes

- Plain Chow Mein with Bean Shoots 🌱£6.80
- Chicken Chow Mein£8.50
- Roast Pork Chow Mein£8.50
- Beef Chow Mein£8.80
- Roast Duck Chow Mein£9.00
- King Prawn Chow Mein.....£9.50
- Mixed Vegetable Chow Mein 🌱.....£8.00
- Mushroom Chow Mein 🌱.....£8.00
- Special Chow Mein (Dry)£9.50
(Chicken, Roast Pork & King Prawns)

- Singapore Rice Vermicelli Noodles 🌶️£9.00
(Roast Pork, Chicken, Shrimps & Curry Powder)
- House Special Chow Mein (With Sauce)£10.90
(Chicken, Roast Pork & King Prawns)
- Dry Beef Ho Fun.....£10.50
- Ho Fun with Beef in Black Bean Sauce..£10.90
- Dry King Prawn Ho Fun£10.50
- Ho Fun with Seafood in Black Bean Sauce £13.50
- Pad Thai King Prawns 🌶️£10.50
(Stir Fried with Flat Rice Noodles)
- Pad Thai Chicken 🌶️.....£10.50
(Stir Fried with Flat Rice Noodles)
- Vegetarian Pad Thai 🌶️£9.90
(Stir Fried with Flat Rice Noodles)



MING THREE COURSE MEAL

(Special Feast for 2 persons or More)

Peking Dinner "A" £28.50 Per Person

熱拼盤	Imperial Hor D'oeuvres (Satay Chicken, Crispy Seaweed, Mini Vegetable Spring Rolls, Prawn on toast & Dry Ribs)
香酥鴨	Crispy Aromatic Duck (Served with Pancakes, Spring Onion, Cucumber & Hoi Sin Sauce)
鐵板豉椒大蝦	Sizzling King Prawns with Green Pepper in Black Bean Sauce 🍴
咕嚕雞	Sweet & Sour Chicken Hong Kong Style
乾牛絲	Crispy Shredded Chilli Beef 🍴
揚洲炒飯	Special Fried Rice
五人或以上:額外一份炒麵	FOR 5 PEOPLE OR MORE: Extra Portion of Chow Mein

Peking Dinner "B" £32.00 Per Person

京湯	Szechuan Hot & Sour Soup 🍴
熱拼盤	Imperial Hor D'oeuvres (Satay Chicken, Crispy Seaweed, Mini Vegetable Spring Rolls, Prawn on toast & Dry Ribs)
香酥鴨	Crispy Aromatic Duck (Served with Pancakes, Spring Onion, Cucumber & Hoi Sin Sauce)
鐵板豉椒牛	Sizzling Beef with Green Pepper in Black Bean Sauce 🍴
四川大蝦	Szechuan Style Prawns 🍴
咕嚕雞	Sweet & Sour Chicken Hong Kong Style
揚洲炒飯	Special Fried Rice
五人或以上:額外一份炒麵	FOR 5 PEOPLE OR MORE: Extra Portion of Chow Mein

Seafood Dinner "C" £33.00 Per Person

海鮮盤	Seafood Mixed Hor D'oeuvres (Satay King Prawns, Prawn Cutlets, Prawn on Toast, Salt & Pepper Squid & Crispy Seaweed)
蒸帶子	Steamed Fresh Scallop
鐵板薑蔥海鮮	Sizzling Mixed Seafood with Ginger & Spring Onions
公保大蝦	Kung Po King Prawns 🍴
五柳魚	Five Willow Fish
蝦仔炒飯	Shrimp Fried Rice
五人或以上:額外一份炒麵	FOR 5 PEOPLE OR MORE: Extra Portion of Chow Mein

Veg Dinner "D" £26.00 Per Person

齋熱盤	Veggie Mixed Hor D'oeuvres (Mini Vegetables Spring Rolls, Salt & Pepper Mushrooms, Crispy Seaweed, Satay Tofu Skewers & Crispy Veg Dumplings)
香酥齋鴨	Crispy Vegetarian Duck (Served with Pancakes, Spring Onion, Cucumber & Hoi Sin Sauce)
四川豆腐	Szechuan Style Tofu 🍴
蒜蓉西蘭花	Broccoli in Garlic Sauce
豉汁雜菜	Mixed Vegetables in Black Bean Sauce 🍴
淨炒麵	Plain Fried Noodles